



ARENA LISBON INTERNATIONAL MEETING

Jamor, February 14TH to 15TH, 2026

ARENA LISBON INTERNATIONAL MEETING GENERAL INFORMATION

| | |
|--------------------------|--|
| Event: | arena Lisbon International Meeting |
| Date: | February 14 th and 15 th 2026 |
| Location: | Jamor – Lisbon, PORTUGAL |
| Organizer: | Lisbon Swimming Association |
| Under: | Portuguese Swimming Federation |
| Facilities: | 50 meters heated pool, 10 lanes; electronic timekeeping; 8 lanes 25m warm up/swim down pool |
| Regulations: | Under FPN and World Aquatics regulations |
| Ages: | Males and Females from 2011 and older |
| Competition Mode: | <p>Heats: Heats will be run in two session and 10 lane formats: <u>A Sessions</u> will include Slow Heat for 400 IM, 800 Free female, 1500 Free male, and the fastest 30 entry times for all other events <u>B Sessions</u> will include all other entry times. There will be no heats for 400 IM, 800 and 1500 Free.</p> <p>Finals: There will two finals per event with the exception for the 400 IM, 800 and 1500 Free that will be swum by the 10 fastest entry times (Fast heat) Final B will precede Final A. There will be no limit for foreign swimmers permitted to swim in each final.</p> |
| Entries Fees: | Individual events: 6€; Relay events: 12€ |
| Registrations: | For registration, please hand in enclosed pre-application form fully completed |
| Prizes: | <ul style="list-style-type: none"> Individual events: medals and prizes between 50€ and 10€ Relay events: medals and prizes between 100€ and 25€ Excellence subvention for teams: Teams will receive 200€ for each swimmer above World Aquatics Point Score defined on regulation |
| Deadline: | February 2th, 2026 |
| Information's: | Associação de Natação de Lisboa Phone: 00 351 917952187 Email: arenalisbonmeeting@anlisboa.pt Site: www.anleventos.com/en/meeting-internacional-de-lisboa/ |
| Insurance: | Each participant is responsible for his/her insurance. The organizer accepts no responsibility for accidents of any kind. |

Looking forward to welcome you and you team in Jamor,

Lisbon Swimming Association

ARENA LISBON INTERNATIONAL MEETING

The arena Lisbon International Meeting will observe World Aquatics and Portuguese Swimming Federation (FPN) rules and regulations. Event Officials will be Lisbon Swimming Association Referees

EVENT CONDITIONS & RULES

| Organizer | Lisbon Swimming Association (ANL) | | | | | | | | | |
|------------------------|---|-----------------------|---------|--------|-------|---|-----------------------|--------|----------|----------|
| Location | National Sports Center, Jamor – Lisbon, Portugal | | | | | | | | | |
| Date | February 14 th and 15 th , 2026 | | | | | | | | | |
| Timetable: | <table><tr><th>Session</th><th>Warm-up</th><th>Events</th></tr><tr><td>Heats</td><td>Session A: 7.15 am* Session B: 10.00 am*</td><td>8.30 am* 11.00 am*</td></tr><tr><td>Finals</td><td>15.00 pm</td><td>16.30 pm</td></tr></table> <p>* Heats timetable may be updated after all entries are duly processed.</p> | Session | Warm-up | Events | Heats | Session A: 7.15 am* Session B: 10.00 am* | 8.30 am* 11.00 am* | Finals | 15.00 pm | 16.30 pm |
| Session | Warm-up | Events | | | | | | | | |
| Heats | Session A: 7.15 am* Session B: 10.00 am* | 8.30 am* 11.00 am* | | | | | | | | |
| Finals | 15.00 pm | 16.30 pm | | | | | | | | |
| Open training Session: | There will be an open training session at the venue on Friday February 13 th between 2 & 8 pm. More information will be disclosed closer to competition date | | | | | | | | | |
| Entry Limit: | <ul style="list-style-type: none">All National and foreign federations teams or clubs are entitled to compete, providing that they are filiated on World Aquatics members federationsPortuguese swimmers affiliated in Paralympic Swimming may participate as long as they are part of the FPN's high-performance plan, as indicated by it and as long as their participation does not promote an increase in the number heats to be performed. Foreign swimmers affiliated with Paralympic Swimming may also participate, subject to the same scrutiny as Portuguese national swimmers.Ages: males and female swimmers from 2011 and olderSwimmers may only enter on events for which they have qualified entry times.Entry times should be achieved during the period between January 1st 2025 and February 1st 2026.Entry times should be achieved on the Long Course. Times obtained in Short Course will also be accepted if its conversion to Long Course are equal or better than admission times. Conversion is done by World Aquatics Points method.On 400 IM, 800 Free female & 1500 Free male events only the best 20 entry times will be admitted. On 800 Free male & 1500 Free female events only the best 10 entry times will be admitted. All other entries will be considered as reserves. Withdraws for these events should be communicated to the organizer 72 hours before the beginning of the competition, so that reserves can be notified. A fine of €30 will be issued to clubs who fail to complyAll swimmers must achieve competition standard times during the competition. Failure to do so will be subject to a fine of 12€. | | | | | | | | | |
| Competition format | <p>Heats and Finals will be run in 10 lanes</p> <p>Heats:</p> <p>Heats will be run in two sessions</p> <ul style="list-style-type: none">A Session: will include fastest 30 entry times for all events except for the 400 IM, 800 Free female and 1500 Free male that will include the slowest 10 entry times (slow heat). | | | | | | | | | |

Admission times

- **B Session:** will include all other entry times. There will be no heats for 400 IM, 800 or 1500 Free on this session.

If the number of entries is equal or below 10, there will be a direct A Final.

If a tie should happen in qualifying positions for finals, a swim-off will be held 10 minutes after the end of the session. If the tie involves swimmers from different sessions, the swim-off will be swum 10 minutes before the start of finals session

All absences from finals must be declared on official Withdraw Form and submitted to Organization no later than 30 minutes after event results are published.

Finals:

There will be two finals per event with the exception for the 400 IM, 800 and 1500 Free that will have the fastest heat (10 fastest entry times)

If the number of finalists is below 20, there will be no B Final

Final B will precede Final A

All absences from finals that were not declared and submitted to Organization will be fined in 70€

Relays:

Each club or team is only allowed to enrol one relay team per event

Relays team constitution must be submitted 60 minutes before the start of the session in which the race takes place

The names of the 4 relay team members swimming in the race and the order of swimming must be declared on the official relay form and submitted to Organization, no later than 30 minutes before the start of the session in which the race takes place. All competing swimmers must be entered in the meet Failure to do both will be subject to a fine of 50€ and disqualification of the relay team

| FEMALE | | MALE | |
|----------------|--------------|------------------|-------------------|
| 2009 and older | 2010 to 2011 | 2009 and older | 2010 to 2011 |
| 30,50 | 30,50 | 50 Freestyle | 27,00 27,00 |
| 01:04,50 | 01:08,00 | 100 Freestyle | 57,00 01:00,50 |
| 02:21,00 | 02:28,00 | 200 Freestyle | 02:05,00 02:13,00 |
| 04:56,00 | 05:15,00 | 400 Freestyle | 04:26,00 04:49,00 |
| 10:00,00 | 10:20,00 | 800 Freestyle | 09:20,00 |
| 19:25,00 | | 1500 Freestyle | 18:00,00 18:00,0 |
| 04:25,00 | 04:25,00 | 4x100 Freestyle | 03:55,00 03:55,00 |
| 38,00 | 38,00 | 50 Breaststroke | 34,00 34,00 |
| 01:23,00 | 01:29,00 | 100 Breaststroke | 01:14,00 01:20,00 |
| 02:59,00 | 03:11,00 | 200 Breaststroke | 02:39,00 02:50,00 |
| 35,00 | 36,00 | 50 Backstroke | 31,00 32,00 |
| 01:14,00 | 01:19,00 | 100 Backstroke | 01:06,00 01:12,00 |
| 02:39,00 | 02:47,00 | 200 Backstroke | 02:22,00 02:35,00 |
| 32,50 | 32,50 | 50 Butterfly | 29,00 29,00 |
| 01:12,00 | 01:18,00 | 100 Butterfly | 01:04,00 01:10,00 |
| 02:39,00 | 02:50,00 | 200 Butterfly | 02:22,00 02:34,00 |
| 02:40,00 | 02:51,00 | 200 Ind. Medley | 02:20,00 02:32,00 |
| 05:38,00 | 05:38,00 | 400 Ind. Medley | 05:06,00 05:06,00 |
| 05:03,00 | 05:03,00 | 4x100 Medley | 04:28,00 04:28,00 |

Evento Aprovado por:
Approved Event by:

Heats: Order of events

Day 1 - February 8th

| A Session | |
|--------------------------|---|
| Warm Up 7:15, Start 8:30 | |
| 400 Indiv. Medley SH | M |
| 800 Freestyle SH | F |
| 50 Butterfly | M |
| 50 Breaststroke | F |
| 400 Freestyle | M |
| 50 Freestyle | F |
| 50 Backstroke | M |
| 100 Backstroke | F |
| 200 Butterfly | M |
| 200 Breaststroke | F |
| 100 Freestyle | M |
| 200 Freestyle | F |
| 100 Breaststroke | M |
| 100 Butterfly | F |
| 200 Backstroke | M |
| 200 Indiv. Medley | F |

| B Session | |
|------------------------------|---|
| Warm Up 11:00*, Start 11:30* | |
| 50 Butterfly | M |
| 50 Breaststroke | F |
| 400 Freestyle | M |
| 50 Freestyle | F |
| 50 Backstroke | M |
| 100 Backstroke | F |
| 200 Butterfly | M |
| 200 Breaststroke | F |
| 100 Freestyle | M |
| 200 Freestyle | F |
| 100 Breaststroke | M |
| 100 Butterfly | F |
| 200 Backstroke | M |
| 200 Indiv. Medley | F |

Day 2 - February 9th

| A Session | |
|--------------------------|---|
| Warm Up 7:15, Start 8:30 | |
| 400 Ind. Medley SH | F |
| 1500 Freestyle SH | M |
| 50 Butterfly | F |
| 50 Breaststroke | M |
| 400 Freestyle | F |
| 50 Freestyle | M |
| 50 Backstroke | F |
| 100 Backstroke | M |
| 200 Butterfly | F |
| 200 Breaststroke | M |
| 100 Freestyle | F |
| 200 Freestyle | M |
| 100 Breaststroke | F |
| 100 Butterfly | M |
| 200 Backstroke | F |
| 200 Indiv. Medley | M |

| B Session | |
|------------------------------|---|
| Warm Up 11:00*, Start 11:30* | |
| 50 Butterfly | F |
| 50 Breaststroke | M |
| 400 Freestyle | F |
| 50 Freestyle | M |
| 50 Backstroke | F |
| 100 Backstroke | M |
| 200 Butterfly | F |
| 200 Breaststroke | M |
| 100 Freestyle | F |
| 200 Freestyle | M |
| 100 Breaststroke | F |
| 100 Butterfly | M |
| 200 Backstroke | F |
| 200 div. Medley | M |

* Estimated time. Accurate schedule will be disclosed after all entries are processed

Finals: Order of events

| Day 1 - February 8 th | | | Day 2 - February 9 th | | |
|----------------------------------|---|-------------|----------------------------------|---|-------------|
| Finals | | | Finals | | |
| Warm Up 15.00, Start 16.30 | | | Warm Up 15.00, Start 16.30 | | |
| 400 Indiv. Medley | M | Fast Heat | 400 Indiv. Medley | F | Fast Heat |
| 800 Freestyle | F | Fast Heat | 1500 Freestyle | M | Fast Heat |
| 50 Butterfly | M | Final B - A | 50 Butterfly | F | Final B - A |
| 50 Breaststroke | F | Final B - A | 50 Breaststroke | M | Final B - A |
| Medals Ceremony | | | Medals Ceremony | | |
| 400 Freestyle | M | Final B - A | 400 Freestyle | F | Final B - A |
| 50 Freestyle | F | Final B - A | 50 Freestyle | M | Final B - A |
| 50 Backstroke | M | Final B - A | 50 Backstroke | F | Final B - A |
| 100 Backstroke | F | Final B - A | 100 Backstroke | M | Final B - A |
| 200 Butterfly | M | Final B - A | 200 Butterfly | F | Final B - A |
| 200 Breaststroke | F | Final B - A | 200 Breaststroke | M | Final B - A |
| Medals Ceremony | | | Medals Ceremony | | |
| 100 Freestyle | M | Final B - A | 100 Freestyle | F | Final B - A |
| 200 Freestyle | F | Final B - A | 200 Freestyle | M | Final B - A |
| 100 Breaststroke | M | Final B - A | 100 Breaststroke | F | Final B - A |
| 100 Butterfly | F | Final B - A | 100 Butterfly | M | Final B - A |
| 200 Backstroke | M | Final B - A | 200 Backstroke | F | Final B - A |
| 200 Indiv. Medley | F | Final B - A | 200 Indiv. Medley | M | Final B - A |
| 800 Freestyle | M | Fast Heat | 1500 Freestyle | F | Fast Heat |
| Medals Ceremony | | | Medals Ceremony | | |
| 4x100 Medley | M | Final | 4x100 Medley | F | Final |
| 4x100 Freestyle | F | Final | 4x100 Freestyle | M | Final |

Excellence subventions

A 200€ subvention will be granted to teams for each swimmer that obtain a World Aquatics point score equal or higher than:

| Team subventions | |
|---------------------------|---------|
| 400, 800, and 1500 events | 850 pts |
| 50, 100, and 200 events | 815 pts |

Subvention will only be awarded once per swimmer

Classifications

Team classification will be made through points attributed based on events classification as followed:

| Events points | | | |
|-----------------------|--------|------------------------|--------|
| 1 st Place | 22 pts | 5 th Place | 16 pts |
| 2 nd Place | 20 pts | 6 th place | 14 pts |
| 3 rd Place | 18 pts | ... | ... |
| 4 th Place | 17 pts | 20 th Place | 1 pts |

If a tie between two or more swimmers should occur, points attributed will be calculated by the sum of all points won divided by the number of swimmers in question

Ties

All ties for collective classifications will be resolved by using the number of best places obtained by the involved teams

Event Prizes

Best three places of each **Final A** will be awarded with medals and the following prize moneys

| Event Awards | 1 st Place | 2 nd Place | 3 rd Place |
|-------------------|-----------------------|-----------------------|-----------------------|
| Individual Events | 50 € | 25 € | 10 € |
| Relay Events | 100 € | 50 € | 25 € |

A trophy will be awarded for the best male and female swimmer according to the most recent World Aquatics POINTS SCORING TABLE

Other possible prizes will be disclosed in due time

Uncollected Prizes will not be sent

Team Prizes

The first three Teams/Clubs will be awarded with trophies

Entry Fees

- Individual entries: **6€**
- Relay entries: **12€**

No entry will be processed until the appropriate fees has been received

Entries are non-refundable once the final date for payment has passed

Entry Deadline

February 2th 2026

Entry files, forms and submission procedure

Electronic Hy-tek and Splash entries are both accepted. Entries can also be sent on appropriate excel file.

All files available to download from www.anleventos.com/en/meeting-internacional-de-lisboa/

File entries should be emailed to the Associação de Nataç o de Lisboa to:
arenalisbonmeeting@anlisboa.pt

Payment Options

Entry fees payment are to be made at the same time as submission of entries.

| | |
|----------------|--|
| Bank | Banco Santander Totta S.A. |
| Account holder | Associa o de Nata o de Lisboa |
| Account IBAN | PT50 0018 0008 0404 3773 0207 5 |
| BIC/SWIFT code | TOTAPTPL |

Competition Swimsuits

All swimsuits must comply with World Aquatics regulations and must bear the World Aquatics approved stamp (<https://approved.swimwear.fina.org/>)

Accreditation

Swimmers accreditation will be produced after all entries are received. All other team members or staff will need to apply for accreditation.

Please ensure that all team elements always carry their accreditation during all event.

Further information on accreditation will be circulated to clubs after entries are closed.

Anti-Dopping

It is a condition of attending arena Lisbon International Meeting that swimmers may be required to be tested for prohibited substances in accordance with the Portuguese Swimming Federation and /WADA/ World Aquatics Anti-Doping rules

Omissions:

Any omission will be handled according with the Portuguese Swimming Federation (FPN) rules and regulations

Jury of Appeal

Journey Accommodation:

All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the event, signed by the Team Manager of the participating Club and accompanied by **100€**. If the protest is upheld the fee will be returned to the Team Manager. Protests should be based on matter of law, and will be appreciated by the Jury of Appeal for the competition, which is composed of:

- Meeting's Delegate
- Regional Technical Director
- Referee Council Official

Information on hotels, hostels, and restaurants will be available on the meeting homepage.